

### Who We Are

**We're celebrating our 59th year serving Connecticut children!** For many of those years, as Nutmeg Big Brothers Big Sisters, we served three quarters of the state. A 2022 merger with BBBS of Southwestern CT transformed us into Big Brothers Big Sisters of CT, serving the entire state.

Our team creates and supports high quality mentoring relationships between at-risk youth and professionally screened and supervised adult volunteers. Our mission is to improve the lives of children who can benefit from added adult support and empower them to achieve their life goals.

We accomplish this through four core programs: Community-Based Mentoring, School-Based Mentoring, Big Futures and the Foster Grandparent Program. All of these help children to garner the skills and assets they need to reach their highest potential.

## Why We Are Unique

With over 120 years of national Big Brothers Big Sisters mentoring success – and six decades of success in Connecticut – to build upon, we invest in enduring, life-changing experiences for volunteers and the children they mentor.

We create each match through a process that includes in-depth interviews and reference checks. Once we've matched a child with a volunteer, our trained professionals monitor, support, and evaluate each match to ensure positive outcomes and relationship longevity. It's this on-going support that's made Big Brothers Big Sisters of Connecticut the state's premier youth mentoring organization.

For the more than

# 100,000 Lids we've served since our founding, we've ignited great potential.

94

percent of youth report enjoying a strong mentoring relationship 93

percent consider their "Bigs' to be Very Important Adults in their lives 86

percent reduction in anti-social behavior 82

reduction in school discipline

81

percent

increase
in college
aspirations

percent
reduction in
substance

use

#### From July 1, 2023 – June 30, 2024

- Our Community-Based Program served 502 children.
  - Our Site/School-Based Program operated at 20 sites and served 377 children.
    - Our Foster Grandparent Program operated at 40 sites and served 272 children.
      - Our Big Futures Program served 108 teens and young adults.
        - Our staff spent over 42,000 hours creating and supporting life-changing matches between children in need and caring Big Brothers and Big Sisters.
          - Our volunteers devoted more than 42,283 hours to inspiring, teaching and mentoring their Littles.
            - The time our Bigs spent with
               Littles this past year was worth
               over \$1.42 million –
               a huge value that your
               support made possible.

21

percent increase in emotional selfregulation 16

percent increase in school engagement



When Bernie Fields & Arthur Director founded Big Brothers Big Sisters in Connecticut in 1966,

the agency served just Middletown. Now, as Big Brothers
Big Sisters of Connecticut celebrates its 59th year of helping
children facing adversity to succeed, we've grown to serve
children in every city and town across Connecticut.

### Our Impact

Our mentoring programs create healthier families, brighter futures, and stronger communities. Among children we serve, graduation rates increase, use of drugs and alcohol drops, and 86% achieve higher grades. Long-term, our mentees experience lifetime income gains of 15 to 20%, meaning \$260,000-\$347,000 more earnings for each \$2,500 invested in mentoring Connecticut children. Each time we pair a child with a Big, we establish a one-to-one relationship that can blossom into a future of unlimited potential.





Christiana

Little Sister, Age 9 with Big Sister Jenna

Jenna Levenson from Hartford, an Actuarial Intern at Doctor's Company Specialty Underwriters, has mentored Little Sister Christiana for the past 2 years and is **helping to ignite her potential.** 

Christiana's mom **helped to ignite her potential** by enrolling her in our program and
supporting her and her Big Sister every step of the way.

Because generous individuals and organizations
like **Anholt Services (USA)** and its Managing
Director and our former Board member, **Joe Massoud**,
continue to support our program, **Little Sister Christiana is igniting her potential.** 





Paul Philpott from West Hartford, an aerospace engineer at Collins Aerospace, has mentored Little Brother Alejandro for 6 1/2 years and is **helping to ignite his potential.** 

Alejandro's mom **ignited his potential** by enrolling him in our program and supporting him and Paul.

Because generous individuals and organizations like

Tecton Architects and its Associate Director of

Business Development, Melissa Roy, generously support
our program, Alejandro is igniting his potential.



Melissa Roy



### Olivia

Little Sister, age 10 with Big Sister Courtney



Courtney Harkins-Latimer lives in Wolcott and is a nurse at Midstate Medical Center, Meriden. She has mentored Olivia for more than a year and and is helping to ignite her potential.

Olivia's grandmother **ignited her potential** by enrolling her in our program and continuing to support her and Courtney.

Michael Espada, of Windsor, is a Senior Business Control Specialist at Bank of America. He has mentored Little Brother Parker for about 1½ years, helping to ignite his potential.

Parker's grandmother has **ignited his potential** by enrolling him in our program and continuing to support him and Michael as a mentoring match.

Parker

Little Brother, age 12 With Big Brother Michael







### Desai

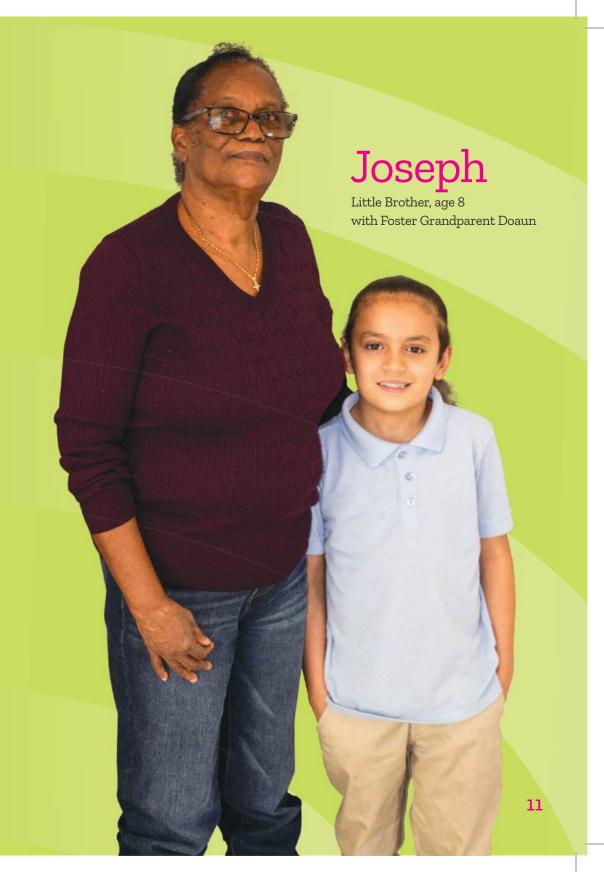
Little Brother, age 9 with Big Brother Laurence

Laurence Burnsed from West Hartford, Director of Health & Human Services for the Town of East Hartford, became a Big Brother to Desai a year ago and is **helping to** ignite his potential.

Desai's mom **ignited his potential** by enrolling him in our program and supporting him and Laurence spending quality time together.

Doaun Christian is from Avon and has volunteered with our Foster Grandparent Program for the past five years. Doaun is a Foster Grandparent – a senior mentor – at M.D. Fox Elementary School in Hartford, where she **helps ignite the potential of third grade students.** 

Administrators at M.D. Fox Elementary School **ignited the potential** of their students when they decided to partner with our Foster Grandparent Program and place senior volunteers in numerous classrooms.





### Bella

Little Sister, age 19 with Big Futures Program Director Lorriane Gallant

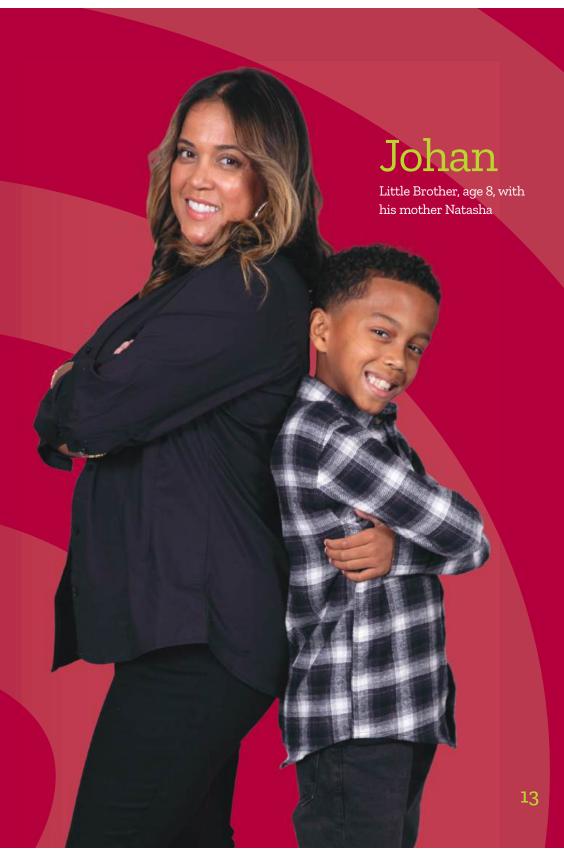


#### We've ignited potential for Bella

because Big Futures Program Director Lorriane Gallant (left), drawing on 10+ years of experience in mentoring, maintains ongoing contact with Bella (left), her father Daniel, and her Big Sister Sarah to make sure the match is progressing smoothly and adhering to the guidelines of our program model.

#### We will ignite potential for Johan

because caregivers, like mom Natasha (right), are committed to supporting life-changing mentoring for their children. Johan (right) is 8 years old and is currently on our waiting list. He and his mother, who enrolled him in our program, are hoping he'll soon be matched with a caring, inspirational mentor. Big Brothers Big Sisters' enrollment team will pair Johan with someone who shares similar interests, and they'll pursue activities and adventures that broaden their horizons and expand their potential.







T'Naeh

Little Sister, age 8 with Big Sister Shauna-Kaye

# Igniting Potential BIG FUTURES PROGRAM

When mentees – like Little Sister Ajae on the right – approach the end of high school and start planning for what's next, we have them covered. Our **Big Futures Program** supports young adults from high school through their mid-20's – helping them develop clear post- secondary plans and reach their goals – in terms of education, training, career and life.

Ginny Kim from Glastonbury, Deputy General Counsel for the Office of the State Treasurer, has mentored Ajae for the past 4 1/2 years and is **helping to ignite her potential**.

Shauna-Kaye Williams (left) lives in Hartford and is an automative logistical specialist for an aviation unit in the Army National Guard. She's mentored Little Sister T'Naeh for 1 1/2 years.

T'Naeh's parents **ignited her potential** by enrolling her in our program and continuing to support her and her Big Sister. When T'Naeh reaches her junior year of high school, she may get involved in Big Futures too, where Shauna-Kaye will continue to support her every step of the way.

Learn more at: ctbigs.org/bfp





Big Brother Damian Smith is from West Hartford and is the Engineering Management Director at Evernorth Health Services. He's mentored Little Brother Leo for over three years and is helping to ignite his potential.

Leo's mom **ignited his potential** by enrolling him in and continuing to support him in our program. Amy Brazauski of Meriden, a high school English teacher with New Haven Public Schools, has mentored Little Sister Olivia for about 2 ½ years and is helping to **ignite her potential**.

Olivia's mom helped **ignite her potential** by enrolling her in our program and supporting her every step of the way.

Olivia

Little Sister, age 14 with Big Sister Amy



### Chairman's Letter

For the past three years, Big Brothers Big Sisters of Connecticut's leadership team and Board of Directors have pursued a straightforward goal: reach more children in need with top quality mentoring. We built a three-year growth plan to achieve this goal, with clear milestones along the way. It will wrap up in June.

I'm happy to report we met and exceeded our robust goals. In 2024, we served 20% more children than the prior year, and we're aiming for double digit growth in kids served this year as well. We're now working on our next three-year plan, which will involve continued expansion of children served, along with program innovations to help more kids thrive than ever before.

Setting and meeting audacious goals is only possible thanks to great staff, Board, volunteers and families working together. And there's more work to be done. With so many Connecticut children facing challenges today, we will do all we can to reach as many as possible.

With your help, we know we can. Thank you for your support. Let's work together to help all Connecticut children thrive in the years to come!



Jay Buth Chairman, Board of Directors Vice President, Controller & Chief Accounting Officer Eversource Energy

The

Saunders Nigel, age 10 (front, left) Lennox, age 10 (front, right Lawrence, age 13 (back, left) Nija Saunders, mom (back, middle) Leo, age 11 (back, right)



### President's Letter

The past three years brought major changes for our team: A merger that made us Big Brothers Big Sisters of Connecticut, the launch of the Big Futures Program, the start of new mentoring programs at schools, universities and workplaces across the state, the use of Developmental Assets to spur mentees' personal growth – the list goes on.

We're now developing our next three-year strategic plan, which will focus on two key things:

- Increasing the number of children we serve through our core programs Community-Based Mentoring, School & Site-Based Mentoring, Big Futures and the Foster Grandparents Program.
- Leveraging the Search Institute's Developmental Assets model to help our children thrive.

In plain English, the Developmental Assets are 40 supports and strengths - identified through analysis of thousands of data sets – that help a young person succeed. Half relate to external factors, e.g., support from caring adults, families and schools. Half relate to internal factors like social-emotional skills and values. Studies show that a young person with 30 or more assets is most likely to achieve their goals and thrive.

We have trained all our staff in this model and are now training our volunteers as well. Over the coming three years, we plan to incorporate Developmental Assets into our programs, using pre-match and annual surveys to assess each young person's growth. We'll ensure that youths' goals align with their assessments, and we'll use follow-up instruments to track progress and promote continued growth.

Our aim is straightforward: Help every child and youth with whom we work gain the assets they need to thrive. We look forward to making this vision a reality. We couldn't do it without your support and partnership — thank you!



andy Fleischmann

Andy Fleischmann President & CEO

Big Brothers Big Sisters of Connecticut

The information below adds up to potential ignited for children across Connecticut.

#### **CHILDREN**

MALE:

46%

**FEMALE:** 

53%

**NON-BINARY:** 

1%

AFRICAN AMERICAN/

**WEST INDIAN:** 

28%

**ASIAN:** 

'/%

**MULTI-RACIAL:** 

13%

**CAUCASIAN:** 

14%

LAT/PUERTO RICAN:

44%

OTHER:

1%

**ADULTS** 

MALE:

32%

**FEMALE:** 

66%

**NON-BINARY:** 

1%

AFRICAN AMERICAN/

**WEST INDIAN:** 

12%

**ASIAN:** 

7%

**MULTI-RACIAL:** 

3%

CAUCASIAN:

58%

LAT/PUERTO RICAN

15%

OTHER:

4%

**AUDITED FINANCES** 

Fiscal Year July 1, 2023

– June 30, 2024

| Individual Contributions Government Grants | <b>\$</b> |
|--------------------------------------------|-----------|
|                                            |           |

Corp & Foundation Grants

I Inited Way Gran

In-Kind Contributions

Investment Income

**EXPENSES** 

Program & Program

Other

Fundraising

**NET ASSETS** 

Net Assets – Beginning of Year

Changes in Net Assets

Net Assets – End of Year

\$ 3,290,756

\$ 333,726

\$ 757,483

\$ 344,721

\$ 35,368

\$ 510/12

\$ 2,877,561

\$ 2,462,582

\$ 184,584

\$ 230,395

\$ 1,584,197

\$ 413,194

\$ 1,997,39



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Little Sister, age 19

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Christiana

Little Sister, Age 9



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### Our community and site-based programs are continually

# Igniting Potential

### Flip Circus Outing

Thanks to Flip Circus' generous donation of 40 complimentary tickets to Bigs and Littles in our

Community-Based

**Program**, matches enjoyed an unforgettable outing! Big Brother Laurence Burnsed (left) and 9-year-old Little Brother Desai (right) were all smiles while watching the performers dance, juggle, and amaze with acrobatics and stunts. Mike Stacy, host of Lite 100.5 Radio, presented BBBSCT with the tickets.



#### The Annual Golf Classic

Big Brother Saurabh Bohra from Farmington and his Little Brother Kaden from West Hartford were the featured speakers at our Annual Golf Classic in June.

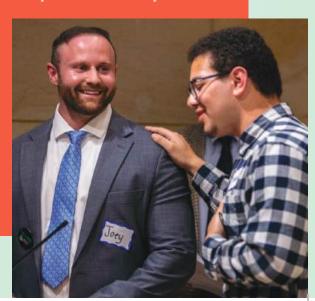
Kaden and Saurabh rocked the mike at the Golf Club of Avon as they spoke

about their Community-Based Program match and the benefits of mentoring. Kaden, 9, warmed golfers' hearts when he said how much he loved his Big Brother and reminisced about their fun outings. Kaden (middle) and Saurabh (right) posed for a photo with their Senior Match Support Specialist, Jackie Lundie.



At our 2024 Big Brothers Big Sisters of the Year Awards event, 16-year-old Little Brother Denzel of Bristol (right) and his Big Brother Joey Redmond (left) of Higganum spoke about their almost six-year-old Community-Based

Match – our team had just named Joey Big Brother of the Year. To further help Denzel reach his academic and career goals, the duo has enrolled in our Big **Futures Program** and look forward to making more memories together.





#### Community-Based Program

Local celebrities! Big Brother Joe DeLutrie and 11-year-old Little Brother Ocean of our **Community-Based Program** were the stars of Macy's nationwide in-store holiday campaign. Joe, of West Hartford, and Ocean, of New Britain, participated in photo shoots, and their images appeared in over 500 stores across the country.

They got to travel to Macy's headquarters in New York City for the campaign's premiere, where their photos appeared on the Times Square Jumbotron for all to see. Ocean told us, "I feel famous!"



#### Truman School Site-Based Program

Our **Site-Based Program** at the Truman School in New Haven is thriving and expanding. It meets every Thursday during the academic year from 3:00 p.m. to 4:30 p.m. Mentors and students explore STEAM activities (science, technology, engineering, art, math). They also play games together and get to know each other.

Our Big Brothers and Sisters (back row), who attend Yale University, Southern Connecticut State University and other local institutions look forward to their get-togethers with their Littles, pictured here in the first and second rows.

#### The Designing Big Futures Gala

Our mentoring matches, families, community partners, and advocates enjoyed a festive evening at the Designing Big Futures Gala on March 9. We raised over \$220,000 in support of youth mentoring. One of our community-based matches, Big Brother Francesco Lascari and Little Brother Wilfredo, dressed up for the inspiring night, which included a live auction, music by the Hart School of Music, and dancing at the end to the music of the School of Rock House Band.

We presented our Visionary Leader award to Ted Cutler, Principal & CEO of Tecton Architects and our immediate past Board Chair. Ted's commitment and leadership helped us weather the pandemic and resume growth afterwards – growth that continues today.



# Help Ignite a Child's Potential

Join Big Brothers Big Sisters And Help Youth Reach Their Full Potential – Volunteer, Donate or Partner With Us Today!



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1.860.525.5437 ctbigs.org

To volunteer, email **programs@ctbigs.org**For event info, email **events@ctbigs.org** 



